

Going to the orthodontist during COVID19 pandemic



Can I see my orthodontist now?

- You will be given an appointment, as soon as possible, to see the orthodontist to continue your treatment or for consultation if you have been referred for treatment.
- We have had to revise our protocols for seeing patients.

Is everything back to normal now?

- The simple answer is, not just yet!
- We are adapting our working environment to ensure maximum safety for you, your family and our staff.
- You may be asked to come to the appointment on your own. The waiting room will be quieter to maintain social distancing.

Is it safe to go back to see my orthodontist?

- Yes, it is safe to see your orthodontist. They have always maintained the highest standards of cross infection control and the safety of their patients and teams is of utmost importance to them.
- The team will have additional protocols in place to keep you and their staff safe.

Why is my orthodontist dressed differently?

- Your orthodontist and nurse will dress differently than they did when you last saw them before the lockdown.
- However, **don't worry**, this is normal procedure to ensure that any risk of virus transmission is kept to an absolute minimum.
- They will be wearing different types of PPE (Personal Protective Equipment) to minimise any microbial/virus transmission.
- Depending on the type of brace adjustment, they might wear different types of face masks, eye protection and gowns.



**Example of PPE worn for “less complex”
procedures**



**Example of PPE worn for “more complex”
procedures**

Will my orthodontic treatment be prolonged?

- Orthodontic treatment can vary on an individual basis and depends on several factors including the type of brace currently worn, the overall treatment plan, whether dental extractions have been carried out as part of the treatment and the stage of your treatment.
- It is inevitable that the duration of your treatment may be extended as a result of the pandemic. However, your orthodontist will try to minimise any further delay, hence you are being seen as quickly as possible!

Remember

- The **team** may wear different types of PPE than when you last saw them.
- Your appointment will likely take longer than previously.
- If you have any further questions, please consult your orthodontist.

Further information:

<https://www.bos.org.uk/>